

Porter Internal Medicine

Middlebury, VT

Dr. Bradford W. Armstrong, MD
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Middlebury, VT 05753
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The Practice

Porter Internal Medicine is open five days a week. The office hours are Monday - Friday from 8:30 a.m. - 4:30 p.m. Dr. Covey has been practicing for over 30 years and Dr. Armstrong for almost 3 years.

The Community

In 1761, Middlebury was chartered with most people settling in the town after the Revolutionary War. Some say the town was named because it is located midpoint between the towns of New Haven in the north, and Salisbury to the south, which were chartered the very same day. Some say it received its name because it is located halfway between the Canadian and Massachusetts borders. Whichever version you chose, Middlebury is a beautiful quintessential New England village with its white steepled church overlooking Main Street and its vibrant citizenry. Middlebury hosts many fine restaurants and shopping, outdoor activities and community events.

Hospital Affiliation

Located in Middlebury, [Porter Medical Center](#) is a 45-bed community hospital providing 24-hour emergency services and comprehensive medical care. The facility has served the area communities since 1925. Special programs and facilities provided by the hospital include: CT scanning; MRI technology; health and education programs for the entire family; courses for expectant parents; breast health resource center; and a cardiac rehabilitation program.



Staff

The office staff consists of two physicians, a registered nurse, and two licensed practical nurses.



Dr. Alan
Covey

Typical Day

Each evening students will be given a reading topic. First thing the next morning (generally around 8:15 am) the doctors will discuss the previous night's reading topic with the student. Patients will be seen after that with a break for lunch. The day generally ends around 4:30 pm. The doctors offer many different learning methods and will alternate between having students observe the physicians, having the students see patients alone and having the physicians observe the students. Relatively little time is spent on blood drawing, and other office procedures.

Teaching Goals

The doctors at Porter Internal Medicine believe that students should show up ready to learn and hope they walk away with the realization that internal medicine can be fun! They also strive to improve communication skills and exam techniques.

Special Medical Interests

Dr. Armstrong's medical interests include hospice care, infectious disease and doctor-patient communication.

Other interests

Outside interests of the doctors includes rock climbing, hiking, gardening and backcountry skiing.



Dr. Bradford
Armstrong

Student Housing

Typically, housing is not needed for this practice site. If a student has a hardship or just wants to spend time in a rural community, housing can be arranged by calling Champlain Valley AHEC at (802) 527-1474.