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## **Mousetrap Pediatrics**

St. Albans, VT

With satellite locations in:

Enosburg Falls, VT

Milton, VT

Swanton, VT

Alburg, VT

### **The Practice**

This pediatric practice has a total of eight physicians, one nurse practitioner, and over 30 additional nursing and administrative staff with four satellite offices covering multiple towns and serving patients in three counties.

### **The Communities**

#### ***Alburg***

[Alburg, Vermont](#) is located 50 miles north of Burlington and has a population of fewer than 2,000 residents. Alburg is located near the islands of Grand Isle County, and was first chartered in 1781. A considerable amount of traffic passes through Alburg, being the only land route (via bridge) between New York and Vermont north of the Crown Point Bridge at Addison, VT. It has managed to resist the commercial development typically associated with high traffic volume along Routes 2 and 78, remaining a primarily agricultural town. The land itself is a peninsula projecting southward from Canada into Lake Champlain and thus has a considerably higher percentage of lakeshore property, making it popular for summer homes and camps.

#### ***Enosburg Falls***

[Enosburg Falls, Vermont](#) was chartered in 1780 and has a population of approximately 2,700. It is located 47 miles northeast of Burlington on Route 105. The beautiful village green is located across the street from the town's busy business section. Enosburg Falls was named for General Roger Enos, who commanded the rear guard under Benedict Arnold in the 1775 expedition to Quebec. This small town near the Canadian border is host to the annual June

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**Frederick Holmes, MD**  
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Dairy Days Festival that takes place in the first week of June. Events include a parade, carnival, a horse pull, tractor pull and even a bathtub race.

### **Milton**

[Milton, Vermont](#) was chartered in 1763 and boasts a population of approximately 9,200. In the late 1800's the locals called the town Checkerberry Village, named for an evergreen plant and its spicy red berries which grew abundantly in the area. However, postal authorities insisted on calling the town Milton Center. Initial settlers found little open land suitable for raising crops. Instead, they turned to logging and sawmills, which then provided potash, obtained from the ashes of burned hardwood logs. Potash salts were high in demand in Europe and provided early settlers with their first cash crop. Today the Town of Milton is a vibrant, growing community with plenty of beautiful views of Arrowhead Lake. Milton is part of Chittenden County and only a short drive from Burlington.

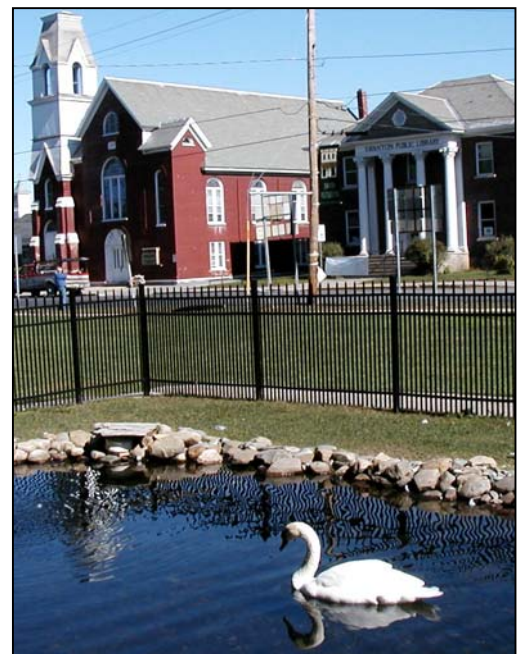
### **St. Albans**

[St. Albans, Vermont](#) is located 29 miles north of Burlington and has a population of approximately 13,000 residents. St. Albans is located in the heart of Franklin County, which is the largest milk-producing county in New England, the top agricultural county in Vermont, and the largest maple-producing county in the United States. St. Albans has maintained the charm of a rural community while growing into the region's industrial center. It has many excellent restaurants, a public library, numerous churches, drug, convenience and grocery stores. St. Albans borders Lake Champlain and during the summer months the population of the area greatly increases with the influx of summer residents.



### **Swanton**

[Swanton, Vermont](#) is located 38 miles north of Burlington and six miles south of the Canadian border on Route 7. Swanton has a population of approximately 6,000 residents and is home to the Royal Swans, housed in a new "swan house" and pond on the village green. The swans were a gift from Queen Elizabeth II for the town's bicentennial.



Swanton is a rural but self-sufficient community with several restaurants, a public library, Catholic, Episcopal and Methodist churches, a drug store and a grocery store. The population in and around Swanton swells during the summer months as seasonal residents and tourists return to spend the summer at camps on Lake Champlain.

## Hospital Affiliation

All the physicians at Mousetrap Pediatrics are affiliated with the [Northwestern Medical Center](#), a 70-bed, not-for-profit, primary care hospital located nine miles south of Swanton (Exit 19 on I-89) in St. Albans. The Northwestern Medical Center is a high-tech facility that works hard to preserve the "family feel" of a rural hospital while delivering high quality health care to the community.



## Staff

Please see the box above for provider names and contact information.

## Typical Day

The day starts with rounds at the Northwestern Medical Center in the mornings, visiting newborns and inpatients. Then to the office for sick and well child visits (20-40 patients a day) and occasionally a few house calls. The days can be filled with fun but also very hectic at times.

## Teaching Goals

**Students will hopefully learn about healthcare access issues and how they can be alleviated with one practice and eight doctors spread out over three counties. Other staff goals include:**

DiMichele: "To note the interactions between lifestyle choices and health."

Holmes: "The real world of caring for children outside the office."

Larrow: "Exposure to what rural medicine is or could be."

Mann: "To respect patients they see. To make patient feel comfortable with provider. Help patient and patient's family feel good about taking care of themselves. To work with patients as part of a team."

Mansoorani: "Acquisition of basic knowledge of growth and development from birth through adolescence. Most common health? in pediatrics. Also, development of competency in physical exam of children of different ages."

Nasca: "Learn some pediatrics and have fun with it. Listen to parents."

## Special Medical Interests

John DiMichele, MD - Asthma; infectious diseases; obesity; breastfeeding.

Frederick Holmes, MD - Families of children with special health needs.

Daniel Larrow, MD - Behavior issues; ADHD.

Madeline Mann, NP - Alternative treatments; adolescent medicine.

Roya Mansoorani, MD – Allergies; asthma; skin conditions.

Joseph Nasca, MD - Pediatric emergency medicine.



## Student Housing

Typically, housing is not needed for this practice site. If a student has a hardship or just wants to spend time in a rural community, housing can be arranged by calling Champlain Valley AHEC at (802) 527-1474.