
Mid-North Medical Group

St. Albans, VT

Frank J. Zsoldos, MD
156 North Main Street
St. Albans, VT 05478
Tel. 802-524-2106

The Practice

Dr. Frank Zsoldos, a native of West Virginia and a graduate of West Virginia University, opened his Internal Medicine practice in St. Albans in 1977. The practice is located in the heart of St. Albans in the Professional Arts Building at 156 North Main Street (Route 7). The office is open Monday, Tuesday, Wednesday and Friday from 8:00 a.m. to 4:30 p.m. and Thursday from 8:00 a.m. – 12:00 p.m. The clinic includes 4 examination rooms.



Dr. Zsoldos shares his office space one day per week with Dr. Kenneth Ciongoli and Dr. Andres Roomet, neurologists from Burlington. This gives patients the opportunity to receive neurological care without the added travel to Burlington.

The Community

[St. Albans, Vermont](#), located 29 miles north of Burlington, is a community of approximately 13,000 residents. St. Albans is located in the heart of Franklin County, which is the largest milk-producing county in New England, the top agricultural county in Vermont, and the largest maple-producing county in the United States. St. Albans has maintained the charm of a rural community while growing into the region's industrial center. It has many excellent restaurants, a public library, numerous churches, drug, convenience, and grocery stores. St. Albans borders Lake Champlain and during the summer months the population of the area greatly increases with the influx of summer residents.

Hospital Affiliation

Dr. Zsoldos is affiliated with the [Northwestern Medical Center](#) (NMC), a 70-bed not-for-profit, primary care hospital located on Fairfield Street in St. Albans. NMC is a high-tech facility that works hard to preserve the "family feel" of a



rural hospital while delivering high quality health care to the community.

Staff

The office staff consists Dr. Zsoldos, one registered nurse, and three administrative staff members.

Typical Day

A typical day starts at the Northwestern Medical Center with morning rounds. Then it's off to the office to begin office hours, which usually run from 8:00 a.m. to 4:30 p.m. (8:30 a.m. to noon on Thursdays) with a break for lunch. Depending upon the experience and year of training, the student may observe, take histories, or do basic exams. The student may accompany Dr. Zsoldos on nursing home visits and house calls as well.

Teaching Goals

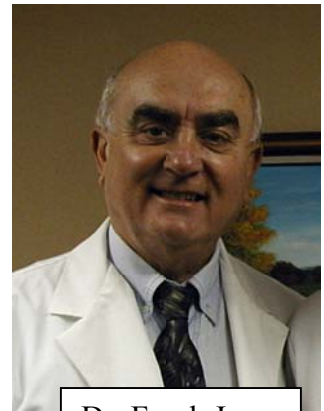
Dr. Zsoldos strives to share the "hands on" experience with students, while helping them to develop technical skills needed to perform phlebotomy, EKGs, pulmonary function studies and peripheral vascular studies. Dr. Zsoldos also makes arrangements so the student is able to experience surgical procedures on his patients.

Special Medical Interests

Dr. Zsoldos' medical interests include diabetes and cardiology.

Student Housing

Typically, housing is not needed for this practice site. If a student has a hardship or just wants to spend time in a rural community, housing can be arranged by calling Champlain Valley AHEC at (802) 527-1474.



Dr. Frank J.
Zsoldos