



Champlain Valley Area Health Education Center (AHEC)  
152 Fairfield Street, St. Albans, VT 05478  
(802) 527-1474 • [www.cvahec.org](http://www.cvahec.org)

## Health Careers Exploration Programs

### Focus on Health Careers Conference

*Focus on Health Careers* is a one-day conference for high school students who are interested in learning more about the health care field. The Focus Conference is open to students in grades 9-12 from Vermont's Addison, Chittenden, Franklin, and Grand Isle Counties. This conference will give youth the opportunity to explore health careers, learn about some of the latest technology being used, discuss some of the "hot" health care topics, interact with health care professionals and students to discuss what work and study are like, and much more. If selected, the cost to participate is \$40. *A limited number of partial scholarships may be available.*

### Shadow Day

*Shadow Day* is a one-day program that takes place at one of the three local hospitals. This program is designed to provide students with the opportunity to develop comfort in the health care field, shadow a health care professional in his/her work setting (one 2-3 hour job shadow), and to explore as well as strengthen skills and resources needed for such a career. *Shadow Day* is for students in grades 10-12. If selected, the cost to participate is \$25.

### MedQuest

*MedQuest* is a rigorously structured, educational, week-long, and residential program that is held on the UVM campus, providing students with the opportunity to explore a variety of careers in health care while gaining comfort in a college environment. Through interactive presentations and a job shadowing experience at each of the three local hospitals or within the communities, students strengthen their leadership skills, learn about community and continuing education resources, and develop a clearer understanding of the health care field and how they can enter into such a career. *MedQuest* is for students currently in 10 and 11 grade. Applications are due in early February. If selected, the cost to participate is \$500. *Scholarships may be available.*

### Dates/Locations

Health Careers Exploration Programs	Location	Date	Eligible Students
<i>Shadow Day</i> Program at Northwestern Medical Center	St. Albans, VT	October 21, 2010	Franklin & Grand Isle Counties, 10-12 grade
<i>Shadow Day</i> Program at Porter Medical Center	Middlebury, VT	October 22, 2010	Addison County, 10-12 grade
<i>Focus on Health Careers Conference</i>	UVM College of Medicine, Burlington, VT	October 30, 2010	Addison, Chittenden, Franklin & Grand Isle Counties, 9-12 grade
<i>Shadow Day</i> Program at Fletcher Allen Health Care	Burlington, VT	April 22, 2011	Chittenden & Grand Isle Counties, 10-12 grade
<i>MedQuest</i> Program: Session 1	UVM Campus, Burlington, Vermont	June 26-July 1, 2011	Addison, Chittenden, Franklin & Grand Isle Counties, 10 & 11 grade
<i>MedQuest</i> Program: Session 2	UVM Campus, Burlington, Vermont	July 10-July 15, 2011	Addison, Chittenden, Franklin & Grand Isle Counties, 10 & 11 grade

If you have questions please call Champlain Valley AHEC at (802) 527-1474 or go to our website, [www.cvahec.org](http://www.cvahec.org). Applications for the programs can be found on our website at [www.cvahec.org](http://www.cvahec.org) as well as with your school's guidance counselor, science teacher, or VSAC Outreach Counselor.

Sponsored by Champlain Valley Area Health Education Center in partnership with Fletcher Allen Health Care, Northwestern Medical Center, Porter Medical Center, and the University of Vermont Office of Primary Care and AHEC Program Office.