



**Champlain Valley Area Health Education Center
Health Careers Exploration
MedQuest Recommendation Forms**

Please Print or Type (both pages)

Professional: Please return this form to Champlain Valley AHEC, 92 Fairfield Street, St. Albans, VT 05478 **before the application deadline of February 10th**. You may also fax it, (802) 527-1632.

This student is applying to participate in the intensive, week-long Health Careers Exploration Program called *MedQuest* at the University of Vermont (for more information about Champlain Valley AHEC's programs, please visit our website at www.cvahec.org). Your assessment of this student is very important to us as it will help us evaluate if this student is suitable for the *MedQuest* program.

Student's Name: _____ High School: _____

Your Name & Relationship w/student: _____

Please check **ALL** that apply to this student:

His/Her Social Skills:

- Interacts and communicates with adults in a respectful manner
- Is "shy" or "quiet", but does communicate well with others
- Has difficulty communicating in new settings/environments
- Has many friends with different interests and/or interacts well with peers
- Interacts with one group of peers and rarely interacts outside that group

His/Her Motivation:

- Is self-motivated and engaging
- Is open-minded and gets excited about learning new things
- Is only interested in learning about specific topics, has his/her own agenda
- Works hard

His/Her Personality & Skills:

- Is a leader
- Is a follower, but one that works hard to complete the task at hand
- Is able to identify and make good choices (in and outside of school)
- Good communicator (orally and written)
- Able to sit through presentations that may or may not be of interest
- Upbeat, positive attitude
- Is struggling with some difficulties in life right now
- Is a responsible, considerate, mature young adult

Has this student had opportunities to explore health care careers, post secondary schools or other aspects related to his/her future?



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Do you feel this student has the maturity and skills to interact appropriately and professionally in a health care setting, with patients and professionals? Please explain:

Student's strengths as you see them:

Student's challenges as you see them:

Please state your overall impression of this student and/or additional comments (Do you have any concerns about this student?):

Reference's Signature: _____ Date: _____

May we contact you for follow-up questions? Yes ____ No ____

Best way to contact you: _____

(Please Print)

If there are any questions or concerns about this student, contact Jocie Mueller, Champlain Valley AHEC Program Coordinator, at (802) 527-1474 x214 or by e-mail at jmueller@cvahec.org.

Thank you!



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