



**Champlain Valley Area Health Education Center
Health Careers Exploration**

2010 MedQuest Program

For Vermont's Addison, Chittenden, Franklin, and Grand Isle County Students

2010 MEDQUEST INFORMATION SHEET

MEDQUEST is a rigorous program designed for students who would like to learn more about the opportunities available in the health care field. It is a co-ed, residential, week-long (Sunday to Friday) program held on the University of Vermont (UVM) Campus. Students will receive job shadow training, interactive presentations and hands-on workshops on many different health and health career topics. They will travel to area hospitals, take part in three shadowing experiences, become CPR certified, and much more. UVM College of Medicine students help staff the program.

ELIGIBILITY

Must be a Vermont high school student in Addison, Chittenden, Franklin, or Grand Isle County who:

- Is currently in 10th or 11th grade
- Is willing to dedicate a week (5 nights and 6 days) to exploring health careers this summer
- Is available to attend the entire program (Sunday afternoon – Friday afternoon)
- Is interested in exploring many different health care careers and health topics
- Has not had a lot of exposure to the health care field in the past

PARTICIPANTS WILL:

- Develop comfort in a health care and college environment
- Be provided opportunities to shadow different types of health care professionals in their work setting
- Be provided opportunities to talk with health care professionals and students
- Explore and strengthen skills and resources for health care career development

MEDQUEST PROGRAMS (Held on the UVM Campus):

- June 27- July 2, 2010
- July 11-16, 2010

COST

- \$450
 - Upon acceptance, a \$150 non-refundable deposit will be due by April 13, 2010
 - Then \$150, plus permission forms, will be due by May 11, 2010 & June 9, 2010
 - Scholarships are available and should be requested with the application

ADMISSION TO THE PROGRAM

For admission to MedQuest, students must submit an application and two recommendation forms completed by a professional (one from the student's school) by February 10, 2010. Applications received after February 10 will not be considered. Program staff at Champlain Valley AHEC will review the applications and choose the students best suited for the program. Students will know of their acceptance by March 18, 2009.

SPONSORING ORGANIZATIONS

Champlain Valley AHEC in partnership with Fletcher Allen Health Care, the Freeman Medical Scholars Program, the Health Resources and Services Administration (HRSA), Northwestern Medical Center, Porter Medical Center, the University of Vermont (UVM), The UVM Office of Primary Care and AHEC Program, the Vermont Department of Health, and the Vermont Student Assistance Corporation.



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2010 MEDQUEST APPLICATION INSTRUCTIONS

Follow the steps below to complete the application process:

1. REVIEW PROGRAM INFORMATION.

Make sure you are aware of the program dates and are able to attend the entire program prior to applying. Also make sure you are aware that this is a residential program designed to expose students to various health careers and topics. If there are any questions, contact Kylee Ryan, Champlain Valley AHEC Program Coordinator, at (802) 527-1474 x14 or by email at kryan@cvahec.org.

2. THE APPLICATION.

The application must be printed in blue or black ink or typed. Only completed applications received by the deadline will be considered. A complete application consists of all questions answered, the short essay (personal statement), a parent/guardian and your signatures on the last page, and two letters of recommendation. Answers will not only be used to help select participants, but also in creating the MedQuest Program so that it is informative and interesting to the participants. It is important to read the questions and thoughtfully and completely answer them. Additional paper can be used, if needed.

3. RECOMMENDATION FORMS (2).

A recommendation form must be completed by two people that know you well. At least one must come from a teacher, school official, school counselor, or other professional from within your school (NOT a family member). These professionals should mail the completed recommendation forms to Champlain Valley AHEC by February 10, 2010.

4. SCHOLARSHIPS.

If financial assistance is needed a parent/guardian should send a letter requesting a scholarship and explaining the family's financial need to Champlain Valley AHEC with the application. If there are any questions about the scholarships, contact Kylee Ryan, Program Coordinator. (Requests for scholarships will not affect your acceptance in to the program).

5. MAIL YOUR COMPLETED APPLICATION TO:

Champlain Valley AHEC
Attn: MedQuest Program
152 Fairfield St
St. Albans, VT 05478

Complete applications and the recommendation forms must be
received by February 10, 2010 to be considered.

Late applications will not be accepted.

CHECKLIST FOR APPLICATION COMPLETION:

- Completed application (printed in blue/black ink or typed)
- Two signatures (a Parent/Guardian & yours) and date
- Two completed recommendation forms (can be mailed separately by the professionals)

You will hear from Champlain Valley AHEC about your acceptance by March 18, 2010.



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2010 MedQuest Application

(Application Deadline-February 10, 2010)

Please print your answers in ink (blue/black) or type. Use additional paper, if needed.

Indicate the Program(s) you are available for:

June 27 – July 2, 2010, held on the UVM Campus

July 11-16, 2010, held on the UVM Campus

First & Last Name _____ Female _____ Male _____

Address _____ City _____ State _____ Zip Code _____

County (Circle One) Addison Chittenden Franklin Grand Isle Age _____

Day Phone Number _____ Evening Phone _____ Other: _____

E-mail _____ Confirm E-mail _____

School Name _____ Current grade 10 ___ 11___ Graduation year 20___

Guidance Counselor _____ Parent/Guardian Name(s) _____

Are you a VSAC Outreach Program Participant? Yes ___ No ___ VSAC Counselor's Name _____

Do you qualify for Free/Reduced Lunch? Yes ___ No ___

Will you be a 1st generation college student (neither of your parents attended college)? Yes ___ No ___

Mother's/Guardian's Employer & Job title _____

Father's/Guardian's Employer & Job title _____

Have you attended a Focus on Health Careers Conference, Shadow Day or MedQuest Program in the past? If yes, which one and when? _____

Have you applied to the Focus on Health Careers Conference, Shadow Day, or MedQuest and not been accepted? If yes, which one and when? _____



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Print in ink (blue/black) or type. Use additional paper, if necessary.

1) Why do you want to attend MedQuest? (50-100 words)

2) Why are you interested in health careers?

3) What experience(s) have you had with health careers (other programs you've attended, research projects, family members in the field, technical school, etc)?

4) What health careers interest you? List at least three (3) health care careers you are interested in learning more about (possibly through a job shadow or presentation) **and why**.

1.

2.

3.

Other areas or comments:



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TO BE COMPLETED BY APPLICANT:

Who are the professionals completing the letters of recommendation for you?

- 1.
- 2.

Did you complete this application on your own? Yes ___ No ___ If not, who helped you and why?

Have you or will you be participating in the National Youth Leadership Forum on Medicine?

Yes ___ No ___ If yes, when _____

I, _____ certify that the information given in this application is true and correct. I
(Print Name)

have printed or typed the application and I've proofread for accuracy and completeness. I realize that applications are accepted only when complete (short answers, essay, and two letters of recommendation) and sent in by the deadline.

Signature: _____ Date: _____

TO BE COMPLETED BY PARENT/GUARDIAN OF APPLICANT:

I, _____ have read the information about the MedQuest Program that my
(Print Name)

child is applying for and I do give permission for _____ to
(Print Child's Name)

participate, if selected. I understand that it is my child's responsibility to get transportation to and from the event. I understand that this program is from Sunday to Friday and I confirm that my child will be available to participate in the entire program. I also understand that if my child is selected to participate in the MedQuest Program that a \$150 non-refundable deposit is due by April 13, 2010* and then \$150 is due April 13, 2010 and June 9, 2010. (If the non-refundable deposit is not received by April 13, 2010 your child's spot will be given to someone on the waiting list).

Signature: _____ Date: _____

(Parent/Guardian Signature)

*If you'd like to request a scholarship, please include a letter with this application explaining your family's financial need. Scholarships will be dispersed amongst the students accepted in to the program. Contact Kylee Ryan, Program Coordinator, with any questions (802) 527-1474x14.



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PERSONAL STATEMENT

This part of the application helps us get to know you in a different way from your previous responses, so it is important that you take your time and make your response personal. We are looking for an essay that will help us get to know you better as a person and as a student. We encourage you to relate your answers to your dreams, goals, values and personal viewpoints. It should show your ability to organize thoughts and express yourself. Please write an essay (250–500 words) on a topic from the options listed below. It is important that you write in complete sentences and that you check your spelling. It must be written clearly in ink or typed to be accepted. You may use additional sheets (same size, please) as necessary. Also, please indicate your topic by checking the appropriate box below.

- Evaluate a significant experience, achievement, risk you have taken, or ethical dilemma you have faced and its impact on you.
 - Discuss some issue of personal, local, national, or international concern and its importance to you.
 - Indicate a person who has had a significant influence on you, and describe that influence.
 - Describe a character in fiction, an historical figure, or a creative work (as in art, music, science, etc.) that has had an influence on you, and explain that influence.
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RECOMMENDATION FORM (2 pages)

Please Print or Type

Return this form to Champlain Valley AHEC, 152 Fairfield Street, St. Albans, VT 05478. This form is needed for the student's application to be considered complete and must be received by **February 10, 2010**.

You have been selected as a reference by a student who is completing an application to participate in Champlain Valley AHEC's Health Careers Exploration MedQuest Program. This is a rigorous, week-long, residential, program for students interested in exploring health careers. Students reside on the UVM campus and participate in a number of presentations and workshops, three job shadows at local hospitals/communities, become CPR certified, and much more. Your assessment of this student is very important to us as it will help us evaluate if this student is suitable for the MedQuest Program. Space is limited in this program.

Student's Name: _____ High School: _____

Your Name & Relationship w/student: _____

Please check **ALL** that apply to this student:

His/Her Social Skills:

- Interacts and communicates with adults in a respectful manner
- Is "shy" or "quiet", but does communicate well with others
- Has difficulty communicating in new settings/environments
- Has many friends with different interests and/or interacts well with peers
- Interacts with one group of peers and rarely interacts outside that group

His/Her Motivation:

- Is self-motivated and engaging
- Is open-minded and gets excited about learning new things
- Is only interested in learning about specific topics, has his/her own agenda
- Works hard

His/Her Personality & Skills:

- Is a leader
- Is a follower, but one that works hard to complete the task at hand
- Is able to identify and make good choices (in and outside of school)
- Good communicator (orally and written)
- Able to sit through presentations that may or may not be of interest
- Upbeat, positive attitude
- Is struggling with some difficulties in life right now
- Is a responsible, considerate, mature young adult

Has this student had opportunities to explore health care careers, post secondary schools or other aspects related to his/her future?



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RECOMMENDATION FORM (continued)

Do you feel this student has the maturity and skills to interact appropriately and professionally in a health care setting, with patients and professionals? Please explain:

Student's strengths as you see them:

Student's challenges as you see them:

Please state your overall impression of this student and/or additional comments (Do you have any concerns about this student?):

Reference's Signature: _____ Date: _____

May we contact you for follow-up questions? Yes ____ No ____

Best way to contact you: _____
(Please Print)

If there are any questions or concerns about this student, contact Kylee Ryan, Champlaine Valley AHEC Program Coordinator, at (802) 527-1474 x14 or by e-mail at kryan@cvahec.org.

Thank you!



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RECOMMENDATION FORM (2 pages)

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You have been selected as a reference by a student who is completing an application to participate in Champlain Valley AHEC's Health Careers Exploration MedQuest Program. This is a rigorous, week-long, residential, program for students interested in exploring health careers. Students reside on the UVM campus and participate in a number of presentations and workshops, three job shadows at local hospitals/communities, become CPR certified, and much more. Your assessment of this student is very important to us as it will help us evaluate if this student is suitable for the MedQuest Program. Space is limited in this program.

Student's Name: _____ High School: _____

Your Name & Relationship w/student: _____

Please check **ALL** that apply to this student:

His/Her Social Skills:

- Interacts and communicates with adults in a respectful manner
- Is "shy" or "quiet", but does communicate well with others
- Has difficulty communicating in new settings/environments
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- Able to sit through presentations that may or may not be of interest
- Upbeat, positive attitude
- Is struggling with some difficulties in life right now
- Is a responsible, considerate, mature young adult

Has this student had opportunities to explore health care careers, post secondary schools or other aspects related to his/her future?



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RECOMMENDATION FORM (continued)

Do you feel this student has the maturity and skills to interact appropriately and professionally in a health care setting, with patients and professionals? Please explain:

Student's strengths as you see them:

Student's challenges as you see them:

Please state your overall impression of this student and/or additional comments (Any final concerns about this student?):

Reference's Signature: _____ Date: _____

May we contact you for follow-up questions? Yes ____ No ____

Best way to contact you: _____

(Please Print)

If there are any questions or concerns about this student, contact Kylee Ryan, Champlaine Valley AHEC Program Coordinator, at (802) 527-1474 x14 or by e-mail at kryan@cvahec.org.

Thank you!