



Our Mission

Champlain Valley AHEC's mission is to improve access to quality health care by working with community and academic partners to support healthcare workforce development through recruitment, retention and continuing education of health care professionals.

Our Supporters

- Fletcher Allen Health Care
- The Freeman Medical Scholars Program
- The Health Resources and Services Administration (HRSA)
- The Vermont Department of Health
- Vermont's Community Hospitals
- Other local community organizations and individuals

More than 90 Champlain Valley health care professionals and students served as Health Care Ambassadors with Champlain Valley AHEC this past year by assisting with career presentations, career fair displays, and Health Career Exploration Programs like *Shadow Day* and *MedQuest*.



Board of Directors:

President	Kevin Coté, CPA
Vice President	Heather Danis, MPH, RD
Secretary-Treasurer	Rep. Suzi Wizowaty (Burlington)

Sen. Claire D. Ayer (Addison), RN
Carol Buck-Roland, APRN, MS, PNP-C, WHNP-C
Tiffany J. Delaney, MA Ed
Cheryl Gibson, MD
Grace Gilbert-Davis, MSA, CHE, CHC
Robert A. Hamilton, PharmD
Leslie A. Holman, JD
Heather B. Kidde, CNM
Megan Malgeri
Charles MacLean, MD
Albert J. Perry, USN (Ret.)
Monica C. Romanko, MD
Robert M. Zelazo, MD

Contact Us

Champlain Valley Area Health Education
Center (AHEC)
152 Fairfield Street
St. Albans, VT 05478
Phone: (802) 527-1474
Fax: (802) 527-1632
Email: healthcareers@cvahec.org

Health Careers Awareness & Exploration Programs



Serving the
Vermont Counties
of Addison, Chittenden,
Franklin, and Grand Isle

Improving Access to Quality Health Care

Who We Are/What We Do

Champlain Valley Area Health Education Center (AHEC)

Champlain Valley AHEC is a non-profit organization working to increase the health care workforce in Vermont's Champlain Valley. Based in St. Albans, we are part of the Vermont AHEC Network as well as the National AHEC Organization.

Youth outreach to promote health careers is a major focus of our efforts. Last year, Champlain Valley AHEC served more than 4,000 students with our Health Careers Awareness and Exploration Programs, which include:

- Middle and High School Presentations
- Career Fairs
- *Shadow Day* Programs
- *MedQuest* Summer Residential Programs
- The annual *Focus on Health Careers Conference*

Health Career Resources:

- **Vermont AHEC's Health Careers Directory:** Check your school library, guidance department or online at www.vthealthcareers.org
- www.cvahec.org
- Vermont Student Assistance Corporation's (VSAC) VT Guidance Central & Do What You Are programs: www.vsac.org

Helping students successfully explore the 300+ health careers.

For Students

Focus on Health Careers

A one-day conference for high schoolers to meet health care professionals and students and explore prevention, primary care, public health, and other key fields. It is designed to help students make the most out of high school and prepare for the next step in a health career. This is for students in grades 9 through 12.

Shadow Day

This is a one-day program for high school students to explore the diversity of health care careers. The program includes job shadow training, one job shadow, and presentations by health care and admissions professionals. Three *Shadow Day* programs are offered yearly, one at each local hospital in our region. This is for students in grades 10 through 12.

MedQuest

This one-week program for students in 10th and 11th grades, offered twice during the summer, focuses on career exploration, development and skill building. Students stay on a college campus while exploring careers in health care. Multiple shadowing opportunities with health care professionals at different health care facilities enhance student learning.



Application Process for Programs

Students must apply for Health Careers Exploration Programs. Champlain Valley AHEC staff review the applications. Selection is based on various factors, including interest in the field, aptitude, need, maturity, and recommendations by professionals. Applications are available on our website, www.cvahec.org. For more information, please contact Champlain Valley AHEC at (802) 527-1474.

For Schools

Middle School Presentations

There's a Health Career for Me! explores the excitement and challenges of health careers through an interactive presentation. The presentation highlights how health careers have improved lives in the United States and throughout the world. There are interactive group activities that demonstrate how the math and science skills students are currently learning are being used in different health careers. The presentation concludes with tips on how middle schoolers can prepare now for a health career.

High School Presentations

There's a Career in Health Care for Everyone! explores the skills, interests, education requirements, potential salaries, work environment, and career building resources for this field. In addition to an interactive presentation, students check out toolkits that each represent a different health career. Each toolkit helps students learn more about a specific health care career. If there is extra time, short career videos can be shown to help students learn about additional opportunities. Students leave with numerous resources to learn more about the health care field. A healthcare professional or student is sometimes able to assist with these presentations.

Career Fair Displays

Interactive displays at regional career fairs help students explore the health care field. We bring a number of resources to help students with career development, as well as information about our Health Careers Exploration Programs. We are able to answer questions about a number of health care careers in an "up-close-and-personal" manner.

To schedule any of the above, call: (802) 527-1474.