

**CHAMPLAIN VALLEY AREA HEALTH EDUCATION CENTER'S
HEALTH CAREERS EXPLORATION PROGRAM**

Shadow Day



**Thursday,
October 21, 2010**

**Northwestern Medical Center,
St. Albans, VT**



What is Shadow Day?

Shadow Day is a one-day Health Careers Exploration Program for high school students. The day includes confidentiality, infection control, and job shadow training, one 2.5 hour job shadow, and presentations by various health care and college professionals. Participants will get an up-close look at the health care field and learn about resources to develop and strengthen skills needed for pursuing one of the 300+ health care careers.

Who should apply?

10th-12th grade students from Vermont's Franklin & Grand Isle Counties who are interested in:

- Exploring the diversity of health careers
- Gaining comfort in a health care environment
- Learning about resources in higher education
- Shadowing a professional in the health care field
- Developing skills for pursuing a health career

How does an interested student apply?

- Download an application from www.cvahec.org or see your school guidance counselor, science teacher, or career counselor
- The completed application and recommendation form must be received in our office on or before September 22, 2010

What is the cost?

- \$25 non-refundable fee is due upon acceptance
- Participants are responsible for transportation to and from the event

CONTACT INFORMATION:

Elizabeth Zinno Ratta,
Program Coordinator
(802) 527-1474 x14

Email:
ezinno@cvahec.org

Website:
www.cvahec.org

SPONSORED BY:



Champlain Valley
Area Health
Education Center

In Partnership with:

Northwestern
Medical Center,
St. Albans, Vermont

